

2011 HERMITAGE RETREAT SCHEDULE

Friday, May 20–Tuesday May 24 (5 days) Beginner-level Meditation and Yoga

Alison Yarwood combines her personal experience of the meditation path with physical yoga and body-work in this introduction to sitting meditation, which has been appreciated by long-term meditators as well as beginners. This five day silent retreat provides an ideal environment to find peace within and provides a foundation for building your personal meditation practice. In easy-to-follow guided steps Alison will show you how to attain inner tranquility, personal insight and renewed joy. Alison Yarwood has decades of experience in teaching the methods taught by her master, Yogacara B.K.S. Iyengar. Silent. Teachings/Yoga/Meditation. Led by Alison Yarwood, certified IYAC yoga instructor

Friday, May 27–Tuesday, May 31 (5 days) Kundalini Yoga and Meditation

Kundalini Yoga and Meditation as taught by Yogi Bhajan in the sublime Sikh Tradition. This retreat will explore self-healing yogic techniques that awaken the consciousness and potential of the individual. Through the daily practice of powerful Kundalini Yoga Kriyas, Meditations, Mantras and Pranayama (breathwork), we open the heart and awaken the spirit within. Practical teachings and tips of the Yogic Lifestyle, such as healing foods and herbal teas, hydrotherapy, etc. Optional early morning sadhana practice will also be offered. This class is great for beginners as well as advanced students of meditation and yoga. Led by the yogi Devmurti and the yogini Hari Amrit Khalsa, KRI-Certified Kundalini Yoga Instructors who have taught yoga and meditation for over 30 years. Devmurti and Hari Amrit also had the good fortune to study and live with the great Kundalini Yoga master, Yogi Bhajan, for over 25 years. Teachings/Kundalini Yoga Practice. Led by Devmurti and Hari Amrit Khalsa

Saturday, June 4–Sunday, June 12 (9 days) Natural Liberation: Awakening to your True Nature

This year the Hermitage is privileged to offer a retreat led by Canadian meditation master Doug Duncan Sensei, a teacher known for his energetic, humorous and highly practical approach to the

personal Path of Awakening. Doug Sensei has been teaching at Dharma centres around the world for over twenty years. His principal teacher was Ven. Namgyal Rinpoche, the great Canadian-born lama who was recognized as a tulku by the heads of all four major schools of Tibetan Buddhism (including His Holiness the Dalai Lama). Doug Sensei has also studied with the late Kalu Rinpoche, the Nyingmapa master Dilgo Khyentse Rinpoche, Sakya Trizin (head of the Sakyapa school of Tibetan Buddhism), the great 16th Karmapa of Tibet, and His Holiness the Dalai Lama. He is well-versed in all the major Buddhist traditions and systems of meditation, including Japanese Zen, and additionally has considerable experience in the Sufi tradition of Islam, the Western mysteries and orthodox Christian mysticism. The rare opportunity to meet with him here, on the West Coast, is not to be missed. Silent. Teachings/Meditation Practice. Led by Doug Sensei.

IMPORTANT: Registration for this retreat only is through <http://www.muditabc.org>

Wednesday, June 15–Tuesday, June 21 (7 days) Summer Solstice Retreat

Calm-abiding meditation is the basis and foundation for all other forms of meditation. The method mainly consists of applying concentration as a means of developing inward meditative absorption (dhyana). The focus is on the breath and usually includes a visual object. At the Hermitage, this practice is performed, whenever possible, in nature and according to one's own capacity, with length of sitting determined by the individual. Beginners often start with short, ten minute sittings, and over time work up first to twenty minutes, and then to hour-long sessions, all the while making sure that their meditation experience remains enjoyable, comfortable and pleasant. By ensuring that meditation be a physically pleasant experience, students are surprised to discover how very quickly they get into "deep" states of true absorption. Emphasis is laid on the fact that Calm-abiding Meditation is intended to lead to bliss, Samadhi and spiritual awakening. Daily private time with the teacher. Silent. Teachings/Calm-abiding (Shamatha) Meditation Practice. Led by Lama Rodney Devenish

Friday, June 24–Sunday, July 3 (10 days) Anapanasati Meditation Retreat

Let the breath lead you rapidly into deep meditation. Anapanasati, attention to the inward and outward flow of the breath, is the method taught by the Buddha as the surest path to Enlightenment. Lama Gerry Kopelow, from Winnipeg, Canada, is a highly respected teacher who has guided many seekers to higher states of consciousness through Anapanasati. This meditation technique has also proved highly successful in clinical trials as a way of dealing with and conquering anxiety, depression and other stress-related problems. It is so direct, so simple, so to the point, that it is considered by many who are seeking liberation and the acquisition of real peace and wisdom to be the greatest of all meditation paths. Silent. Teachings/Meditation Practice. Led by Lama Gerry Kopelow

Tuesday, July 5–Thursday July 14 (10 days) The Kasina Retreat

A long time student of Namgyal Rinpoche and currently residing at the Hermitage, former Buddhist monk Lama Lodroe Rinpoche (Sidney McQueen-Smith) is giving a special "Kasina Retreat" this year: a rare opportunity to learn the esoteric techniques of creating and using Earth, Air, Fire and Water "Kasinas" to enhance your meditation experience. You will receive instruction on how to make each kind of Kasina, and how to work with these devices to take your meditation to a whole new level. Used primarily as a powerful tool for Awakening, Kasina-meditation has also proven to stimulate psychic faculties – clairvoyance, telepathy, even healing powers and levitation. These teachings are rarely given in the West. Lama will be teaching from the tradition of the Visuddhimagga, "the path of inner catharsis," as taught in Burma and Ceylon. Other Visuddhimagga practices will be taught if time allows. Silent. Teachings/Meditation Practice. Led by Lama Sidney McQueen-Smith

Saturday, July 16–Wednesday, July 20 (5 days) Calm-Abiding in the Midst of Nature

This silent practice retreat will focus on the nine stages of what is called Shamatha or Calm-abiding Meditation. Primarily a practice aimed at attaining inner states of profound concentration, this retreat is led by Lama Rodney, with daily teaching, personal interviews, and with each practitioner encouraged to practice at their own pace, on their own in

the midst of nature. The aim of Calm-abiding meditation is bliss and Samadhi, a state of one-pointed lucidity or heightened consciousness, as the ground for the acquisition of personal Insight. Five days is short for this kind of work, but enough to attain unusual levels of calmness, peace and self-integration. Calm-abiding meditation is considered the foundation upon which all other forms of successful meditation practice depend. Silent. Teachings/ Shamatha Meditation Practice. Led by Lama Rodney Devenish

Friday, July 22–Thursday, August 4 (14 days) Mahamudra Retreat

This highly disciplined meditation retreat involves daily instruction each morning, followed by private interviews with the teacher, carried out in a traditional manner based on the meditation lineage of Namgyal Rinpoche. Because it is important that those attending be familiar with Hermitage routine and knowledgeable in the centre's style of meditation practice, it is a requirement for admission to this retreat that applicants have completed at least one Calm-abiding meditation retreat at the Hermitage. Mahamudra is considered the "pinnacle" or "summit" of meditation – the core instruction of the ancient Kagyu school of Tibet, and the supreme means for coming to experience the true nature of the mind. It is the very heart of the Buddha's teachings. Inquiry is conducted in precise steps through a combination of deep meditation and pointed questions, according to a program proven successful for thousands of years. Strict silence during the retreat and many, many hours of disciplined meditation practice are expected from all who attend. Silent. Teachings/Meditation Practice. Led by Lama Rodney Devenish

Saturday, August 6–Sunday, August 7 (Weekend) Avalokitesvara: Way of Love & Compassion

Lama Shenpen has led a full life, first as a married woman with children, and then as an ordained Buddhist nun. She is best described as a true spiritual elder, having spent much of her life studying and practicing the Dharma. In 1995 she accomplished a Three Year Retreat on Mt Tam, Salt Spring Island, with the guidance of by her root Lama, the late Kalu Rinpoche. Lama's retreat will focus on the practice of devotion, love and compassion, particularly embodied in the luminous ideal of Avalokitesvara. She will explain what is required to access the purer level of your

being through meditation. Lama's instruction will cover such subjects as Calm-abiding (shamata) practice, meditation posture, sitting and walking meditation, going-to-sleep meditation, the four thoughts that turn the mind, silence, and how best to establish a daily routine. There will be plenty of time for questions & answers. Learn how the power of love for others is capable of profoundly transfiguring your heart and mind. Teachings/Meditation. Led by Lama Shenpen

Wed., August 10–Sun., August 14 (5 days)

Chöd: The Sweet Laughter of the Goddess

This is a unique opportunity to experience the mystical practice of Chöd – cutting through the ego – under the guidance of a skilled Tibetan master-yogi, Ngakpa Kalsang Dorje. An extremely special meditation practice, the tradition of Chod known as “Laughter of the Goddess” was originally inspired by the Tibetan princess Yeshe Tsogyal and put to verse by Kunkhyen Jigme Lingpa. Prof. Evans-Wentz, the first to offer an English translation of the “Laughter of the Goddess” said of Chöd: “As in all yoga, so in this, the yogin seeks to outstrip the normal, and, to him, over-slow and tedious process of spiritual unfoldment; and, karma permitting, win Liberation, as Tibet's great yogin Milarepa did, in one lifetime. The Chöd is thus one of the many Tibetan rites pertaining to the “Secret Path,” also called the “Short Path,” of attaining Nirvana, or deliverance.” By virtue of the mystic sacrifice of his own body, the successful yogin breaks asunder the fetters of personality, of passion, of separateness, and of all maya, or illusion; and transcending ignorance “attains to yogic insight into the true nature of human existence.” The practice, which uses dance, drum and bell, along with sitting meditation, is a uniquely potent way of transcending the self and attaining direct realization of the awakened state. For further information, see our article about Chöd on the Dharma Fellowship website. Teachings/Meditation/Chanting/ Drum and Bell. Led by Ngakpa Kalsang Dorje

Wed., August 17–Tues., August 23 (7 days)
Uniting Calm-Abiding and Transcendent Insight

Shamatha and Vipasyana – Calm-abiding meditation and Insight practice – are two aspects of the Buddha's path to awakening. Merging them both brings meditation practice to fruition and opens the door to self-knowing. Without internal direc-

tion, meditation can lead nowhere if the seeker does not understand what it is that he or she is looking for. But when self-inquiry is brought into one's meditation practice, signs of progress can appear quickly. This retreat focuses on using inquiry to investigate the nature of the mind and explore the nature of one's personality and behavior. Silent. Teachings/Meditation Practice Led by Lama Rodney Devenish

Friday, August 26–Tuesday, August 30 (5 days)
Kundalini Yoga and Meditation

Kundalini Yoga and Meditation as taught by Yogi Bhajan in the sublime Sikh Tradition. This was such a success last year, that we have been asked to present it a second time this year. The program will be similar to the May retreat described above. We will explore self-healing yogic techniques to awaken the consciousness and follow through with daily practice of powerful Kundalini Yoga Kriyas, Meditations, Mantras and Pranayama (breathwork), to open the heart and awaken the spirit within. Optional early morning sadhana practice will also be offered. This class is led by the yogi Devmurti and the yogini Hari Amrit Khalsa, KRI-Certified Kundalini Yoga Instructors who have taught yoga and meditation for over 30 years. They also had the good fortune to study and live with the great Kundalini Yoga master, Yogi Bhajan, for over 25 years. Teachings/Kundalini Yoga Practice. Led by Devmurti and Hari Amrit Khalsa

Fri., September 2–Tues., September 6 (5 days)
Yoga Nidra: Awakening in the Deep Sleep State

Sleep your way to enlightenment? Yes, it's true. Yoga Nidra is a skill that has been taught in India since ancient times. There are references to the art of Yoga Nidra in the Mandukya Upanishad. The term “nidra” refers to the state of conscious awareness that is ever present in the deep sleep state, an awareness referred to as our “inner wisdom” (prajna). The methods of Yoga Nidra taught by George McFaul aim at realizing this naturally present inner awareness through yoga and sleep. Yoga embodies our innate well-being, and Nidra leads to realization. These ancient techniques can equally be used to promote physical and emotional healing, deep relaxation, a balanced life, and inner peace and happiness, as well as to attain higher levels of consciousness. You will learn skills that can be applied in the midst of daily life, providing a sense of

confidence when encountering difficult situations, and helpful in dealing with depression, anxiety/fear and the experience of chronic pain. Under George's calm guidance you will learn how to embody joy and gain renewed energy in your life.

Teachings/Yoga Practice. Led by George McFaul

Fri., September 9–Thurs., Sept. 15 (7 days)
Maitri Bhavana: Meditation on Love

For the last meditation retreat of the year we focus on Opening the Lotus of the Heart, or in other words, Meditation on Love. What is love? There is love for one another, love for friends, children, mother and father, and then there is romantic love. But there is also something called unconditional love – Upeksha. What is this power, that some have described as the greatest force in the Universe? As Namgyal Rinpoche taught it, much of our love (i.e., ordinary love) is passive – we feel love when

stimulated by an external phenomena; for example, when we are loved by another. We “fall” in love, and we “fall” out of love. Much of the time we are only theoretically “in love” because our love is not activated by our will or coming from the core of our being. These teachings say that we can change passive loving into a state of “proactive love” through meditation, and that this change alters the human being. The power of love becomes an actual force that transmutes the individual, and we become what in the tantric tradition is called a Great Lover (mahakrpa), a Vidyadhar or “wisdom-centred being.” Learn what the Buddha called the four Divine Abidings, the four stages of Prem or Love, and how to develop each stage in turn. Learn to open the heart. Learn to be genuinely transformed by love. Silent. Teachings/Meditation Practice Led by Lama Rodney Devenish

Information for Retreat Participants

Accommodations: Hermitage accommodations are limited, consisting of small, very simple and spare private huts, rooms or trailers. We welcome campers! Accommodations are offered on a first-come-first-served basis, however sometimes we will extend priority to a participant with health issues.

Allergies: Please be aware that we have cats in the main building. Discuss with Registrar if necessary.

Food: We serve wholesome vegetarian fare, with options for vegans. Lunch is the main meal of the day and an evening meal of a simple soup is served at 6:00. No solid food is to be eaten after lunch. Tea is available at all times. We ask that you avoid eating between meals and particularly avoid sugar, which we use very sparingly if at all, as it can interfere with meditation practice. Food allergies should also be noted in detail on your application. If you require special food, please bring it with you but keep in mind that the Hermitage is vegetarian.

What to bring... and not to bring: Bring any prescribed medications, sleeping bag / bedding (pillows, pillowcases, sheets, blankets), flashlight, toiletries. If you do not have a sleeping bag or twin-sized sheets, or if you are travelling light, let the Registrar know and we will supply bedding. Please note that weather can be chilly or wet so bring layers and waterproof shoes/coat, especially if you are visiting in May or September.

Remember, your retreat is an opportunity for you to get away from all of the things, people, events, noise...that usually distract you from looking within. For example: cell phones. If you do not feel comfortable traveling without one, please turn it off when you are within the Sima boundary, a circle which extends approximate 150 meters from the center of the Hermitage building. If you absolutely must do so, check your messages by walking outside the Sima boundary, although, again, your practice would benefit if you resisted this urge.) Bring a notebook if you wish to take notes but avoid getting lost in the intellectual experience of writing or reading. **The following are not allowed:** Alcohol, coffee, drugs (except those prescribed by a doctor), electronic devices other than cell phone as described above, candles, cigarettes, meat or fish.

Silence is a very important part of the retreat experience. For most retreats at the Hermitage, both visitors and volunteer staff observe the practice of silence. We ask that you respect this and do not engage others in social conversation. If you have any questions or requests, please see the Retreat Manager. A simple nod, with no eye contact necessary, is sufficient acknowledgement when meeting others on a path for example. Our staff is composed of volunteers who have chosen to serve you, as part of their spiritual practice and they too make every effort to maintain silence.

Attendance Requirements: We require that you complete your retreat, attending every day as scheduled. Those who are staying on-site may not leave the grounds without first speaking with the Retreat Manager. If staying in local accommodations please remain on the Hermitage property from 8:00 a.m. (breakfast) until after the evening soup meal at 6:00. If for some reason you are unable to attend the full retreat you must obtain special permission from the Registrar. **IMPORTANT:** Our retreats are limited in size and we keep a waiting list. Accommodation is scarce. If you have registered and find yourself unable to attend, please let us know as far in advance as possible, so someone else can make use of this opportunity.

Donations: The Hermitage exists thanks to the donations of spiritual seekers like you. The Hermitage does not charge a fee for retreats because we strongly believe that people who value the opportunity must never be turned away for lack of funds. It is our hope that those who are able to donate will do so most generously, thus helping to ensure that the work of the Hermitage will continue. Please give, anonymously if you prefer, in the envelope supplied at the end of your stay, marked "Retreat Donation." A separate offering to the teacher (dhana) should be offered as well. You will place your sealed offerings in labeled baskets at the end of the retreat, or hand them to the Retreat Manager who will then turn them over to the Dharma Fellowship's Treasurer.

Checking in: Most of our retreats start at 10:00 am on the first day and it is recommended that you catch the 9:00 ferry from Buckley Bay in order to arrive on time. If you are travelling from afar and cannot arrange transportation that will allow you to arrive on time, contact the registrar about the possibility of arriving the night before. If you do so, please bring your own evening meal and try to arrive between the hours of 6:00 and 8:00 pm. If you require a ride to the Hermitage, likewise contact the Registrar well in advance to schedule a pickup.

Local directions to the Hermitage: Once on Denman, go to 7131 Denman Road: from the Denman Island Ferry Terminal, follow the signs to the Hornby Ferry. You will be driving on Denman Road. After a few kilometers, watch for the Fire Department on your right. Then watch for the sign to Fillongley Park. The Hermitage driveway is to your right, immediately following the sign.

About the Denman Island Ferry The ferry to Denman Island departs from Buckley Bay at approximately hourly intervals. You must be in the line-up a minimum of 10 minutes prior to sailing time in order to board. To avoid disappointment in the busier summer months, plan to arrive an hour prior to sailing time as there can be very long line-ups. If the ferry seems to be off schedule during the summer season, please note that it often cycles (doubles its crossings) if the lineups are long. The schedule:

Leaves Buckley Bay	Leaves Denman Island
7:00 am	6:40 am
7:40 am	7:20 am
8:20 am	8:00 am
9:00 am	8:40 am
10:00 am	9:40 am
11:00 am	10:40 am
12:10 pm	11:50 am
1:05 pm	12:45 pm
2:00 pm	1:40 pm
3:00 pm	2:40 pm
4:00 pm	3:40 pm
5:00 pm	4:40 pm
6:00 pm	5:40 pm
7:00 pm	6:40 pm
8:30 pm	8:00 pm
10:00 pm	9:40 pm
11:00 pm	10:40 pm

General Transportation information:

To visit Denman Island, you need to get to the Buckley Bay ferry terminal on Vancouver Island where you will board the ferry for the 10-12 minute crossing to Denman.

By IslandLink van: See: <http://www.islandlink-bus.com/booking/select.asp> or phone 1-250-954-8257

By train: Take the scenic train route through Vancouver Island to get to Buckley Bay. The train stops a short walk away from the Denman Island ferry landing. Check train schedules on the ViaRail website, specifically this link: <http://www.viarail.ca/en/taxonomy/term/176>

By bus: Greyhound offers direct transportation to the Buckley Bay ferry landing. There are 2 daily buses that go from the Departure Bay ferry terminal in Nanaimo to Buckley Bay. See <http://www.greyhound.ca/home/> or call 1-800-661-8747.

There is also a local bus route to/from Buckley Bay to/from Courtenay, B.C. Call 250-339-5453.

By car: To drive to the Denman Island ferry in Buckley Bay, simply take the Inland Island Highway 19 on Vancouver Island:
From Victoria to Buckley Bay: 2.5 hrs.
From Nanaimo to Buckley Bay: 1.5 hrs.
From Courtenay to Buckley Bay: 20 min.
All times are approximate.

By air: Fly into nearby Comox, British Columbia, located about 30 km north of the Denman (The Comox Valley Airport YQQ). The flight from Vancouver to Comox is approximately 25 minutes, and you can also fly direct Comox-Calgary. See: <http://www.comoxairport.com/>

Feel free to check with the Retreat Registrar to see whether an airport pickup or transportation from Courtenay can be arranged.

Hermitage Contact Information

Lisa Devenish , Retreat Registrar

Phone: (250) 335-9146

E-mail: info@dharmafellowship.org

Address: Box 82, 3277 Kirk Road
Denman Island, BC V0R1T0

If you need to reach the Hermitage directly, please call 250-335-3377. In case of emergency, call both numbers given here.

HOW TO REGISTER

Please print out and complete the application you will find on the other side of this page (p.4) and **mail by post*** to the Retreat Registrar at Box 82, 3277 Kirk Road, Denman Island, BC V0R1T0.

If you have any questions feel free to email or phone Lisa (see contact information in the box above.)

*We ask for hard copy application forms. Please do not scan/email the application unless there is a very good reason to do so. Feel free to attach a sheet to your application if you feel there is additional information we may need to facilitate your retreat.

You will receive email confirmation of your application within a week of receipt of it at the Hermitage. If you do not hear from us, feel free to phone the Retreat Registrar at 250-335-9146. The Retreat Registrar is your primary contact for all questions.



KUNZANG SAMTEN YANGTSE
Dharma Fellowship Hermitage

A Retreat Centre in the Karma-Kagyu Lineage



2011 HERMITAGE RETREAT REGISTRATION FORM

Please complete, sign and post these documents to the Retreat Registrar at Box 82, 3277 Kirk Road, Denman Island, BC V0R1T0 CANADA.

We cannot consider you registered until we have received these forms and you have received a confirmation email from our registrar. If you have any questions phone Lisa at 250-335-9146 or email retreatregistrar@uniserve.com

IMPORTANT: Our retreats are small and space quite limited. Accommodations are assigned on a first-come first-served basis but we do keep waiting lists. Please keep in mind that a last minute cancellation is a lost opportunity for someone else, and notify us as soon as possible if your plans change.

This document is confidential and will be used only to administer this retreat and only by the Registrar as appointed by the Dharma Fellowship Board of Directors, as required by laws of Canada, or the province of British Columbia, or to anyone to whom you give permission.

Applicant's Contact Information

NAME: _____

MAILING ADDRESS: _____

Home phone: _____

Work phone: _____

Cell phone: _____

In case of emergency, we should contact: _____

Informed Consent Form

If you are under the age of 18 please have your parent or guardian sign at the bottom of this column. Then complete the rest of the application.

(Print applicant's name above) is applying to participate in a meditation retreat at The Hermitage on Denman Island, British Columbia, Canada. We have asked him/her to obtain your signature on this form indicating your consent.

A meditation retreat is a rigorous, sometimes physically, emotionally, or mentally demanding process. While the meditation teacher will make recommendations for each participant's meditation practice and activities, we ask individuals to be responsible for their own participation and whether or not they follow our recommendations or guidance.

For more information about the Hermitage, please visit www.dharmafellowship.org

Please indicate your relationship to the applicant:

parent guardian other (please specify): _____

Please indicate that you have read the above, and indicate by your signature below, your consent for this person attending our retreat.

Guardian's Signature: _____

Date: _____

Any additional comments? _____

Special Needs

If the answer is yes to any of the questions below, please attach a separate sheet with details.

1. Do you have any medical, religious, or other vital dietary requirements? If so, please describe in detail. (Please note, we cannot provide food according to each person's preferences. This question relates only to requirements that impact your health, moral, or religious strictures.)
2. Is there anything else you think we need to know about you in order to support you in focusing on your meditation practice?
3. Are you currently seeing a therapist or doctor for any mental or physical condition? Have you in the past been treated by a doctor or other health provider for a physical condition that may affect or be affected by your full participation at this meditation retreat? If you answered yes to either of these questions, before you return this application, we recommend that you discuss with your doctor or therapist your intention to participate in this retreat.
4. Are you currently being treated for a serious physical illness? Have you in the past been hospitalized for a mental disorder? If you answered yes to either of these questions, we recommend you do not do this retreat. This retreat is being held on a remote island with limited transportation and medical facilities. Please discuss with your doctor or therapist the possibility of participating instead in a retreat closer to your home or in a location with readily available and appropriate health professionals and facilities.

IMPORTANT: A meditation retreat is a rigorous, sometimes physically, emotionally, or mentally demanding process. While the meditation teacher will make recommendations for your practice and/or activities we ask that you be responsible for your own participation and whether or not you follow our recommendations or accept the food and accommodations offered. The Dharma Fellowship, the retreat staff, and the teachers are responsible only for the delivery of normal and customary retreat instruction and services.

Participant Agreement Form

Name/date of the retreat you are registering for: _____

Important: Please fill out a separate form for each retreat if you are applying for more than one.

Hermitage Waiver of Liability. Other than granting permission to reside on Dharma Fellowship property, the Dharma Fellowship can not be held responsible in any way for the maintenance, support, food, care or contentment of anyone who is staying on the property.

Any person given permission to reside on Dharma Fellowship property, by their acceptance of that permission, forfeits all rights to claim for any injury or personal harm, physical or mental, suffered or incurred while on the property. Everyone asking to stay on the property must sign to this effect.

I hereby certify by my signature below that I have read this document in its entirety and agree to abide by the rules listed without exception.

Participant's signature: _____

Date: _____

Would you be willing to camp? _____

Are you on our mailing list? _____

If not, may we have permission to add you to our mailing list? _____

Please supply your preferred email address: _____

FOR MORE INFORMATION

Visit our web site: www.dharmafellowship.org and see us on facebook as:

The Hermitage of the Dharma Fellowship